

For more info or to pre-register:
(walk-ins welcome)

Visit: TransformationMadeEasy.com

Contact us: 908-479-6034, kanes@ask-inc.com

Facebook: [TransformationMadeEasy](https://www.facebook.com/TransformationMadeEasy)



Ariel & Shya Kane

**Live In The
Moment, Not In
Your Thoughts:**

**Monday Night
Alive!**

Discover a new
possibility...

These fun & lively interactive seminars are exciting explorations that open the door to living in the moment, where you suddenly find yourself lighter, freer and more alive. You will discover how to:

- Be satisfied in all areas of your life
- Relate in more honest and natural ways
- Remain centered during life's challenges
- Eliminate stress

"Ariel & Shya Kane teach tools for living in the moment and undoing the knee-jerk behaviors that get in the way of living life with ease." - *Time Out New York*

Experience a New Possibility: Instantaneous Transformation

Dates: February 14, 28 May 2, 9, 16, 23
March 7, 14, 21, 28 June 6, 13, 20
April 11, 18, 25 July 11, 25

Time: 7pm - 9:30pm Fee: \$20/session

Come to one evening...Come as often as you like.

**The New Yorker Hotel, 481 8th Avenue at 34th Street
3rd Floor - Herald Square Room, NYC**