

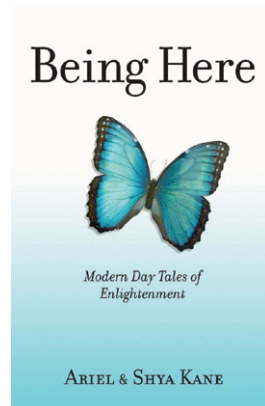
## INSTANTANEOUS TRANSFORMATION®

---

Have you ever wondered what it would be like to truly live in the moment? To have such an innate sense of well being that external events can't shake it? Now you can experience Ariel & Shya Kane's revolutionary technology that has helped thousands of people discover how to have more satisfying lives without working on themselves or their "problems".

This workshop is an exciting exploration which opens the door to living in the moment. Through discussions and laughter you will discover how to be satisfied in all areas of your life, relate in a more honest and natural way & remain centered during life's challenges - eliminate stress and dissolve mechanical behaviors that rob you of your spontaneity and creativity. As a result you will take back control of your own life.

The Kanes have found that the slightest shift in one's reality can produce a quantum shift in one's life - Instantaneous Transformation.



*Being Here: Modern Day Tales of Enlightenment*

Publisher:  
ASK Productions, Inc.  
ISBN: 978-1888043181

Touching and profound, the stories in *Being Here* form a practical guide to living a fulfilling life.

## ARIEL & SHYA KANE

---

Ariel & Shya are award-winning authors and internationally acclaimed consultants and seminar leaders whose transformational approach allows people to be productive, effective and satisfied in all areas of their lives. They are expert guides who, with great skill and humour, bring people through the swamp of the mind into the clarity and brilliance of the moment.

Acting as Catalysts for Personal Transformation, the Kanes provide ongoing consulting and interactive seminars for a range of clients from individuals and couples to entrepreneurs and Fortune 500 companies. In their seminar programs, they have created an environment in which thousands have experienced dramatic improvements in the quality of their lives.

Since 1987, the Kanes have designed and presented transformational seminars across the United States throughout Europe, in Central and South America, Australia and Indonesia. They have taught for many organizations such as The United Nations Society for Enlightenment and Transformation, The United Nations Women's Guild, The New York Theosophical Society, Organizational Development Network, Omega Institute, and Alternatives at St. James Church in London. The Kanes have produced three award winning books, many successful audio titles and currently lead seminars throughout the U.S., in the U.K., Europe, and Costa Rica.

## THE SECRET OF WONDERFUL RELATIONSHIPS

---



Ariel & Shya Kane

Spring-Seminars 2012  
in Hamburg

March 29th - April 1st

## THE FREEDOM TO BREATHE

---

March 29th 2012

Thursday · 8.30 - 16.30

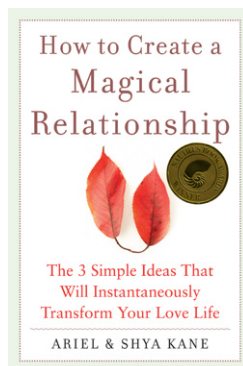
This course is designed for people who want to dissolve the unconscious restrictions which limit their lives. Using breath as a tool, it is a gentle entry into the moment, which can release past trauma, both emotional and physical, and result in a dramatically expanded sense of oneself.

*"Wow! I have never had such a profound and graceful experience of myself before. A deep touch of wealth and expansion. And every time I participate in the Freedom to Breathe it is different, it is extraordinary, it is new and a gift to myself. I am thrilled."*

*Katja D. - Hamburg*

*"It is incredible that just through breathing and being with another human being my body and soul gets cleaned and healed from things and themes that had stuck with me for perhaps my whole life. It is such a lightening and freeing experience which opens the way to a life full of new possibilities that I couldn't even have dreamed about "*

*Katrin B. - Emmen*



*How to Create a Magical Relationship: The 3 Simple Ideas That Will Instantaneously Transform Your Love Life*

Publisher: McGraw-Hill  
ISBN: 978-0071601108

Winner of the Nautilus Book Award: Best Relationships / Men & Women's Issues Book of 2007

## THE SECRET OF WONDERFUL RELATIONSHIPS

---

March 30th - April 1st 2012

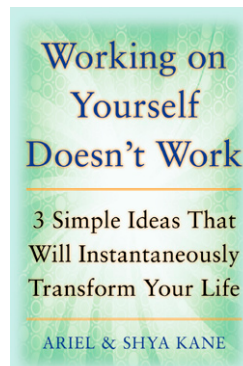
Friday · 20.00 - 22.30

Saturday & Sunday · 10.00 - 18.00

Most of us wish to have intimacy and personal satisfaction in all of our relationships but we have never really been taught how to access this state of harmony and well-being. When you discover how to be present in every day moments, as if each and everything you do matters, then you begin to experience the simplicity and magnificence of life.

In this course through discussions and fun you will discover how to feel good in your own skin and how to have a wonderful relationship with everyone and everything, including and perhaps most especially, with yourself.

Both courses are held in english and translated into german.



*Working on Yourself Doesn't Work: 3 Simple Ideas That Will Instantaneously Transform Your Life*

Publisher: McGraw-Hill  
ISBN: 978-0071601085

This acclaimed, life-changing book shows you how to stop working on yourself and start living in the moment.

## REGISTRATION AND INFORMATION

---

Stefanie Ehrle

Buchenstrasse 5 · 22299 Hamburg

e-mail: [st.ehrle@t-online.de](mailto:st.ehrle@t-online.de)

Phone: +49 · 40 · 88 172 646 - Stefanie Ehrle

Fax: +49 · 40 · 88 172 647

Phone: +49 · 40 · 43 04 340 - Antje Ahlborn

To register online and pay by creditcard go to:  
[www.TransformationMadeEasy.com](http://www.TransformationMadeEasy.com)  
→Seminar & Coaching →Registration

Bank account: Ask Productions, Inc.  
Commerzbank Hamburg  
Account 150 60 62 Bank Code 200 400 00  
IBAN: DE78 2004 0000 0150 6062 00  
BIC: COBADEFFXX

## CONTACT

---

If you wish to contact the Kanes or find out more about their work, seminars, audios, videos and books, to read their blog, or to join their online community, "The Excellence Club," go to:

[www.TransformationMadeEasy.com](http://www.TransformationMadeEasy.com)

Tune in on Wednesdays to hear Ariel & Shya's Radio Show *Being Here*. It airs live on Wednesdays at 5pm UK time, 6pm Central European Time and 12 noon EST. Log on anytime to access the radio show archive.

Log on:

[www.TransformationMadeEasy.com](http://www.TransformationMadeEasy.com)