

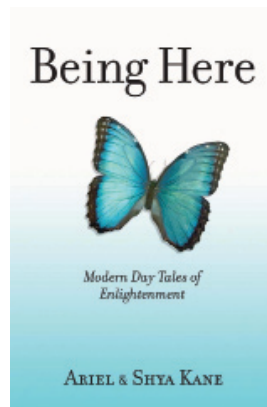
## INSTANTANEOUS TRANSFORMATION®

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Have you ever wondered what it would be like to truly live in the moment? To have such an innate sense of well being that external events can't shake it? Now you can experience Ariel & Shya Kane's revolutionary technology that has helped thousands of people discover how to have more satisfying lives without working on themselves or their "problems".

This workshop is an exciting exploration which opens the door to living in the moment. Through discussions and laughter you will discover how to be satisfied in all areas of your life, relate in a more honest and natural way & remain centered during life's challenges - eliminate stress and dissolve mechanical behaviors that rob you of your spontaneity and creativity. As a result you will take back control of your own life.

The Kanes have found that the slightest shift in one's reality can produce a quantum shift in one's life — Instantaneous Transformation.



*Being Here: Modern Tales of Enlightenment*

Publisher:  
ASK Productions, Inc.  
ISBN: 978-1888043181

Touching and profound, the stories in Being Here form a practical guide to living a fulfilling life.

## ARIEL & SHYA KANE

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Ariel & Shya are award-winning authors and internationally acclaimed consultants and seminar leaders whose transformational approach allows people to be productive, effective and satisfied in all areas of their lives. They are expert guides who, with great skill and humor, bring people through the swamp of the mind into the clarity and brilliance of the moment.

Acting as Catalysts for Personal Transformation, the Kanes provide ongoing consulting and interactive seminars for a range of clients from individuals and couples to entrepreneurs and Fortune 500 companies. In their seminar programs, they have created an environment in which thousands have experienced dramatic improvements in the quality of their lives.

Since 1987, the Kanes have designed and presented transformational seminars across the United States throughout Europe, in Central and South America, Australia and Indonesia. They have taught for many organizations such as The United Nations Society for Enlightenment and Transformation, The United Nations Women's Guild, The New York Theosophical Society, Organizational Development Network, Omega Institute, and Alternatives at St. James Church in London. The Kanes have produced three award winning books, many successful audio titles and currently lead seminars throughout the U.S., Europe, and in Costa Rica.

## LICENSE TO LIVE

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Ariel & Shya Kane

Fall-Seminars 2011  
in Hamburg

October 13th - 16th 2011

## THE FREEDOM TO BREATHE

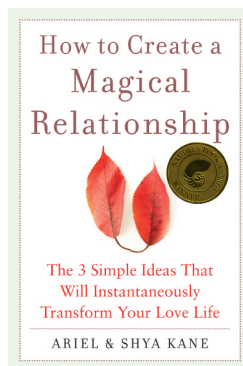
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October 13th 2011  
Thursday · 8.30 bis 16.30

This course is designed for people who want to dissolve the unconscious restrictions which limit their lives. Using breath as a tool, it is a gentle entry into the moment, which can release past trauma, both emotional and physical, and result in a dramatically expanded sense of oneself.

*Wow! I have never had such a profound and graceful experience of myself before. A deep touch of wealth and expansion. And every time I participate in the Freedom to Breathe it is different, it is extraordinary, it is new and a gift to myself. I am thrilled.*

*Katja D.*



*How to Create a Magical Relationship: The 3 Simple Ideas That Will Instantaneously Transform Your Life*

Publisher: McGraw-Hill  
ISBN: 978-0071601108

Winner of the Nautilus Book Award: Best Relationships / Men & Women's Issues Book of 2007

## LICENSE TO LIVE

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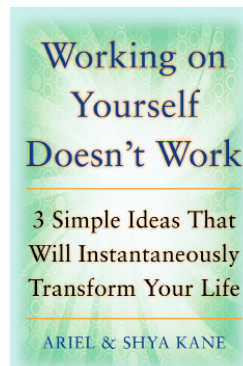
October 14th - 16th 2011  
Friday · 20.00 until 22.30  
Saturday & Sunday · 10.00 bis 18.00

How often have you really wanted to do something and your logical, reasonable mind talked you out of it? In your heart, you know what is right for you and you know what you want. In your thoughts, chances are that more often than not, you talk yourself out of your true heart's desires. This course is designed to free you from that reasonableness that steals your passion and talks you out of what you know you want. Isn't it time that you give yourself the License to Live? Come join us – it will be fun.

*"Ariel & Shya Kane teach tools for living in the moment and undoing the knee-jerk behaviors that get in the way of living life with ease."*

*Time Out New York*

Both courses are held in english  
and translated into german.



*Working on Yourself Doesn't Work: 3 Simple Ideas That Will Instantaneously Transform Your Life*

Publisher: McGraw-Hill  
ISBN: 978-0071601085

This acclaimed, life-changing book shows you how to stop working on yourself and start living in the moment.

## REGISTRATION AND INFORMATION

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## CONTACT

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If you wish to contact the Kanes or find out more about their work, seminars, audios, videos and books, to read their blog, or to join their online community, "The Excellence Club," go to:

[www.TransformationMadeEasy.com](http://www.TransformationMadeEasy.com)

Tune in on Wednesdays to hear Ariel & Shya's Radio Show *Being Here*. It airs live on Wednesdays at 5pm UK time, 6pm Central European Time and 12 noon EST. Log on anytime to access the radio show archive.

Log on:

[www.TransformationMadeEasy.com](http://www.TransformationMadeEasy.com)